Directions: Using the traditional "A, B, C, D, F" often used to grade work, please rate each of the following aspects of your program in Counselor Education at Montclair State University.

- 1. Program atmosphere and climate
- 2. Quality of teaching
- 3. Relevance of courses for your goals
- 4. Faculty morale and enthusiasm
- 5. Advising
- 6. Availability of program information
- 7. Variety of courses available
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- 11. Commitment, seriosuness of students
- 12. Considering all factors, how would you "grade" the program
- 13. Internship Experience

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- 1. Demonstrating the meaning and significance of fundamental guidance/ counseling concepts
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- 5. Interviewing and counseling on a one-to-one basis
- 6. Relating theories and principles of group dynamics, group practices, and facilitative skills to professional practice
- 7. Assessing professional abilities and limitations, professionally and personally
- 8. Professional writing (e.g., research proposals/ reports, case studies)
- 9. Infusing and integrating diversity principles into professional practice [recently revised]

Concentration: School Counseling

Students: 9

A	В	C		D	No re	esponse
6 4 2 6 1 3 4 2 4 5 5 5		3 5 5 2 4 3 4 3 4 4 3 3 2	2 1 4 2 1 3 1		1	
A 55 5 1 1 6		C 4 2 7 5 1	2 1 2 2	D	No ro	esponse
4 5 5 5		3 2 4 4	2 2			

### 1. What courses in particular helped you most with regard to completing your internship? Why?

Techniques, Group, Counseling in Schools I and II and Multicultural.

School Counseling I and II is most applicable, Techniques.

All 3 clinical classes helped me gain a real world exposure and make connections with educators.

Schools I and II and Internship I.

Techniques helped with core counseling skills. Career helped with career counseling at high school level. Schools I and II only courses that focused on information vital to the profession.

Lifespan and Multicultural.

School Counseling I and II and Techniques.

Schools I and II, Career, Techniques - they have helped me gain knowledge towards my internship experience.

Practicum, Internship I and II Schools I and II. They helped because it was geared for my concentration.

Techniques, Schools I and II, Group, Practicum and Internship I and II.

Theories and Techniques.. These two courses helped me become more confident working with clients/students. It taught me real tools I can use in practice.

Counseling Children and Adolescents, Internship I and Techniques.

Schools I and II prepared me for what scenarios may arise and how to be culturally competent as a school counselor.

Schools I and II as they were the only courses that went into depth about counseling at a school level.

Group, Career, Multicultural, Counseling in Schools I and II. These courses were more application based.

### 2. What type of additional training would you liked to have before starting your internship?

More Schools based courses.

504, IES's, I&RS process, interviewing strategies. HIB.

I would have liked more school training in things like Naviance, college planning, 504 plans, I&RS and IEP's.

More school counseling courses. The program was directed more to mental health, not schools.

Better Schools courses (I&RS, IEP/504's, HIB, grad requirements.). Also an elective on College Counseling.

More training on career/college counseling.

Suicide Prevention

Maybe a class on how to find the right site.

I would like to have more training in technology particularly use in schools. Although I am prepared to help students on a social-emotional level, I am not well versed in high school counseling.

I felt prepared to begin my internship experience.

More preparation on what to expect to help rid of that initial fear.

Ethics in schools.

# **COMMENTS AND RECOMMENDATIONS**

## 1. How did your academic training prepare you for the work you are doing in internship?

I was able to start with base knowledge of what counselors do in schools and techniques on how to provide counseling services.

Feel lke a lot was left out, program is more applicable to Clinical Counseling.

It prepared me well especially for the mental health component.

I learned more at my internship site than my classes.

Techniques, Group and Career most useful in developing my knowledge/skills to work in a high school.

My academic training prepared me for the work I am currently doing in internship by providing the courses needed in order to execute sessions in groups/individuals.

Very well.

Showed me certain skills I needed.

Using my knowledge in the real world.

It helped me to be able to know different theories that can apply and to better understand my clients.

My academic training prepared me to be a helping professional. I learned not only about techniques but about other things to expect such as creating a counseling program.

I gained a firm understanding of techniques and human development which assisted in counseling my clients.

Helped with real life case scenarios.

My academic training helped to prepare me to not only work with and counsel students but how to be a collaborative member within

a school community.

I use the information I learned directly with my students.

### 2. Please identify two or three things you liked best about the program.

Flexible schedule and course content.

Professors. Internship experiences.

The professors were great as well as opportunities provided.

Picking my own internship site.

Career, Practicum and Group.

Required courses (Practicum and Internship). Faculty and teachers. Student resources provided on campus (computer labs)

The professors and my classmates.

Getting the opportunity to intern at a school. The practice of counseling.

The professors and the classes.

Being able to meet with like minded individuals. How understanding our profesors were.

Group Counseling class. Learning and engaging with other concentrations.

I feel confident in myself as a counselor and feel genuinely prepared to begin my career.

Being able to connect with peers, peers assisted with collaborating on certain issues that arise.

The dedication and knowledge of the professors. The elective options.

The professors and the variety of courses.

### 3. Please identify two or three things you liked least about the program.

Some classes are too reading heavy.

Too clinical focused especially internship classes. Should be split. Didn't prepare us for the Comps at all.

I would have liked more school focused courses.

I did not like seperating school and mental health. I like that there was little to no seperating.

Timing/instruction method of courses offered. Lack of focus on school concentration.

Not a lot pertaining to schools besides Counseling in Schools I and II.

Finding placement on my own with no help. Work overload.

Being late with news. Not having help in finding sites for Internship/Practicum.

How Marriage and Family class would fill up. Wish we learned more about the programs/technology used in schools.

Required internship hours. Inability to take other courses such as clinical cours

The program was challenging to complete with a full time job. Some challenges with my internship site.

There wasn't enough school-based courses on counseling.

Too many classes that were required focused too heavily on clients that one would see in a mental health setting and not in a School Counseling setting. More availability with advisors.

The Intro course, late nights and unpaid internships.

### 4. Please give at least one suggestion for a new course or topic you think should be included in the program.

Another school focused class would be great for the School Counseling students.

More School topics. Need a course to really cover aspects of a School Counselor role/job.

Another school class to go over more procedures.

Anything schools related. Bring more professors with actual experience. More about 504, IEP and I&RS.

College Counseling

College placement

More Marriage and Family Counseling.

Special Education for School Counseling.

School Counseling special needs students. Technology course on different programs schools use.

School Counseling technology. High School counseling. Supervision.

Counseling minorities/POC should be an additional course in addition to multicultural.

An additional class on School Counseling.

Laws in ethics in a school setting. Resume and cover letter workshop.

I&RS, 504 meetings.

#### 5. Please give a brief overall evaluation of the program.

I have enjoyed most of my courses and professors. I definitely feel this program has prepared me to be a great School Counselor.

Not school counseling focused enough, every class was focused on the clinical track. School focused courses didn't help learn actual school counseling role.

I had a great experience in the program and feel it helped prepare me as a counselor.

The program had barely any seperation of school and mental health folks. We should not be in the same internship classes. Little to no guidance on comps and certifications.

Adequate. Lack of focus on school concentration.

I would give the Counseling Deaprtment 9/10.

Overall I learned a great deal and feel well prepared for a career in Counseling.

The program was effective and helped guide me into what I specifically want to do. I wish there was more help/guidance with the internship experience.

It was an enriching program. I like that it was CACREP.

I feel the program best prepared me for what is to come as I graduate. Definitely will miss the support received at MSU as a student.

Overall. I feel the program has helped me become confident in my skills I learned.

Overall, despite some challenges I had a great experience.

I enjoyed the program overall. I just wish I had more experience preparing for Internship I and II.

Overall, I am happy with my time at MSU. I feel prepared to enter the professional world of School Counseling and look forward to helping make a difference in the lives of students.

I think the program meets all the needs and information that a counselor needs to learn.

### 6. Please add any other comments you would like to make.

Should have a School Counseling and LAC track combined so you can finish with both certs and not just one (like William Patterson).

Professors with no experience in School Counseling does not benefit future counselors. Have more classes based on schools. Job fairs for school counselors. Professors making up rules for Internship II classes that don't follow the program.

I would like to sugest making internship sites for only one concentration.

More School Counseling classes.

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- 9. Infusing and integrating diversity principles into professional practice [recently revised]

# Concentration: Clinical Mental Health Counseling

Students: 21

A		В	C		D		No response
	17	4					
	16	3		2			
	12	9					
	13	6		2			
	9	7		2		3	
	11	8		2			
	4	14		3			
	4	10		7			
	14	6		1			
	16	5					
	14	6		1			
	13	8					
	13	8					
		D	C		D		N
A		В	C		D		No response
	18	3					
	21	5					
	12	9					
	10	7		4			
	18	2		1			
	15	6					
	15	5		1			
	18	3					
	15	6					

# 1. What courses in particular helped you most with regard to completing your internship? Why? Multicultural and Lifespan most relevant.

The Internship courses and Techniques.

Lifespan, Practicum, Internship I and II.

Ethics was helpful to take concurrently so that any dilemmas could be discussed w/peers and a knowledgeable professor. My site does a lot of group work so Group was also helpful.

Techniques, Assessment and Diagnosis.

Clinical Assessment and Diagnosis was probably the most practical/applicable.

Advanced Ethics provided me with insight on how to handle real life ethical dilemmas.

Advanced Ethics (should be taken prior to Internship II. Techniques. Human Sexuality.

Clinical Diagnosis, Family & Marriage Counseling

Advanced Ethics was most helpful. Ethics is so integral to the field and taking it alongside internship was especially helpful.

Counseling Techniques, Diagnosis and Ethics were the most helpful courses.

Multicultural and Advanced Ethics.

# 2. What type of additional training would you liked to have before starting your internship? Life experiences of counselors and applications of theory in practice.

Training in treatment planning.

I would have appreciated additional electives regarding specialized areas of Counseling.

Psychopharmacology - just so we can be familiar w/names and types of medications and their side effects that might impact future clients.

Suicide Risk Assessment and Advanced Techniques.

More application of Theories and how to apply them. More information on how to take notes.

I would have liked more classes around trauma informed care.

Another Techniques class, more theory with specific interventions.

More focus on differential diagnosis.

I would have liked additional training in theories.

I wish I had more training in Research Methods and Co-occuring Disorders.

Counseling techniques, documentation, professionalism, more multiculturalism instruction.

### 1. How did your academic training prepare you for the work you are doing in internship?

Will need more training in Theories.

The program gave me the basics of what I needed to see clients.

Without the knowledge I've gained within the courses taken, I would have had difficulty applying it in practice at my internship site.

Build my base and provide intervention training through mock sessions and assignments.

Basic counseling skills.

It really helped me grow as a person and to work with people from cultural backgrounds other than mine.

I felt prepared to enter Internship because of the real life stories my professors shared with me. Their stories prepared me to be ready to handle anything.

I felt that there could have been more techniques training. Social Work students had more preparation.

The role play helped most.

I was able to learn theories, techniques, ethic and all of the core components of counseling.

It helped me to have a set of tools to draw upon when working with clients.

Coursework covered a variety of topics related to clinical work, each course offered skills.

### 2. Please identify two or three things you liked best about the program.

It stressed that I am the tool and that continued work is necessary to avoid bias and personal values.

The professors are what really make this program. Their support and guidance is truly appreciated. The CACREP requirements providing thorough course criteria.

Responsive and helpful staff.

Professors, good communication.

Interesting electives such as Ecotherapy and End of Life. Classes w/ Dr. Gainor specifically helped me to grow as a person.

Wide variety of electives to pick from. The program pushes the importnance of self care.

The cohort and how we were encouraged to bond/utilize each other in classes. Overall great professors.

I enjoyed my Advanced Ethics class with Professor Randall. I also enjoyed Lifespan with Dr. Chae.

Sense of community.

Elective courses, structure of program (when certain classes should be taken) Advanced Ethics at the end of program.

### 3. Please identify two or three things you liked least about the program.

Not enough training in treatment planning and diagnosing.

Registration/availability of courses. The times classes take place. I would have benefited from a few a.m. courses.

Emphasis on self care through no assistance in how to navigate with all the demands.

Having to find your own Internship site!!

The Supervision class was not incredibly helpful or practical. MSU does not help interns find placement.

It's very hard to contact most professors. Lack of assistance in finding an Internship site.

Finding placements. Some professors utilized online platforms without knowing how to use them well. Registration - advisors do not answer emails reliably.

The way Career was taught.

I did not enjoy my experience with Career with Dr. Gainor. I do not see the need for final exams in addition to final papers, it is overwhelming.

Not too much individual guidance from certain professors.

Techniques could have been more hands on. Theories could have been more present in the program.

### 4. Please give at least one suggestion for a new course or topic you think should be included in the program.

Self-care/assessment/support especially toward the end when you become burnt out.

Couples Counseling

Postpartum Mental Health

Psychopharmacology

Suicide risk assessment and Advanced Techniques

Ettiquette for working at agencies.

Similiar to the advanced course in Ethics, we should have one for counseling multicultural communities.

Decolonize the Theories class.

Training that is more theory focused. How to apply DBT, CBT, ACT instead of telling us to go watch you tube videos.

I think more courses on the DSM and disorders should be included to help counselors with diagnosis.

An additional multicultural course should be required at the end of the program.

## 5. Please give a brief overall evaluation of the program.

Overall good, more support with Internship placement.

The program does an amazing job preparing us to be beginner therapists.

I have enjoyed my time at MSU in the Counseling Department. The program has helped me achieve a dream. 10/10

This program is informative and prepares us with a foundational knowledge. I really feel the professors are dedicated to student success while also appropriately gatekeeping for the profession.

The program prepared me well. Need more guidance and assistance with Internship placement. Could use more techniques to be prepared.

Overall, the program was okay. It was a lot of unpaid hours and there were some parts that I especially did not enjoy, such as recordings.

Overall, I feel very prepared to enter the professional world. This program did an amazing job at creating a safe space for all students so we can learn and grow from our mistakes.

I think the program could offer the students a little more support but I feel prepared to enter the field.

The program was good, I wish my advisor offered more support.

Thr program requirements for internship should be consistent with the board for all professors.

The overall program was okay and had what I needed. I felt some professors were not supportive when I needed help which cost me better grades.

Good education, solid course structure, I wish there was more multicultural present in courses.

### 6. Please add any other comments you would like to make.

The program does very well integrating multiculturalism into all aspects of learning.

There really should be an Internship Coordinator who helps place you at sites.

Full time professors should be evaluated, not all professors are up to date on hoe the technological side of the classes works. Courses need more sections. Advanced Ethics should be available more often,

Please hire more/new staff.

I am happy to be a Montclair graduate!

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- 8. Professional writing (e.g., research proposals/ reports, case studies)
- 9. Infusing and integrating diversity principles into professional practice [recently revised]

Concentration: Higher Education Counseling
Students: 0

A B C D No response

A B C D No response

1. What courses in particular helped you most with regard to completing your internship? Why?
2. What type of additional training would you liked to have before starting your internship?
COMMENTS AND RECOMMENDATIONS
1. How did your academic training prepare you for the work you are doing in internship?
2. Please identify two or three things you liked best about the program.
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4. Please give at least one suggestion for a new course or topic you think should be included in the program.
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Concentration: Addictions

Students:

A B C D No response

C

D

No response

Α

В

1. What courses in particular helped you most with regard to completing your internship? Why?

Co-occuring disorders, multicultural, clinical applications in addictions and Practicum helped me the most with internship because I was able to learn how culture can affect helping relationships.

2. What type of additional training would you liked to have before starting your internship?

Additional training in Crisis Counseling would have been helpful especially when working in an IOP,

# **COMMENTS AND RECOMMENDATIONS**

1. How did your academic training prepare you for the work you are doing in internship?

It helped prepare me a lot. Learning about assessments, treatment plans and clinical writing.

2. Please identify two or three things you liked best about the program.

Professors are very helpful. The academics involved and clinical writing.

3. Please identify two or three things you liked least about the program.

Research professors (very unempathetic and belittling). Career professor (very unorganized).

4. Please give at least one suggestion for a new course or topic you think should be included in the program.

Crisis intervention/Crisis Counseling

5. Please give a brief overall evaluation of the program.

The program helped me understand how to connect with clients from a professional lens. It gave me a different perspective on the world and others. The program helped prepare me for what it is like to work in the field.

6. Please add any other comments you would like to make.

If there are a numerous amount of professors complaining about a professor, please listen to them. In this program I have encountered 2 that belittled me and affected my mental health in a negative way.