CORONAVIRUS AND THE LGBTQ+ COMMUNITY

KENDRA FRANKE

PHYSICAL HEALTH VULNERABILITIES

- Trump administration going through with changes to Section 1557 of the Affordable Healthcare Act
 - Section provides protections against discrimination from medical personnel
 - Changes would make it so trans people could be refused care
- Higher rates of preexisting conditions with the trans community
 - Diabetes, heart disease, asthma, and HIV
 - 50% more likely to smoke
- Many do not have health insurance
- Worried about being refused care if outed, even before changes to Section 1557
 - LGBTQ+ people avoid going to the doctor because of possibility of discrimination
 - May have undiagnosed conditions, unknown higher risk of severe COVID-19 infection
 - Feel uncomfortable going to the doctor when COVID-19 symptoms occur, leaving them untreated

MENTAL HEALTH VULNERABILITIES

- The Trevor Project (suicide hotline for LGBTQ+ youth) has seen a 50% call volume increase
- Having to move back into unaccepting and possibly abusive households
 - Changes to school and work has made it so some have had to move back home
 - Losing the sense of community, especially for college students
 - Many went to clubs and classes without their families knowing
 - Professors and clubs are trying to do as much as they can online to provide support
- Choosing between identity or suddenly having to come out to parents
 - Only 1/4th of LGBTQ+ college students surveyed said they could be themselves at home
 - 50% have been made to feel bad about their identity

RESOURCES

- Outpouring of online resources becoming available
- Despite Pride celebrations around the world being cancelled, plans for a global, online Pride
 - 24-hour livestreamed event on June 27
 - Performances, workshops, speeches
 - Great way to feel as though the community is still accessible
- The Trans Clippers Project
 - Provides hair clippers "for transgender, nonbinary, and two-spirit individuals who (1) don't have their own set of hair clippers and (2) are experiencing dysphoria/misgendering during COVID-19"
 - Resources in 14 states

RESOURCES CONTINUED

- The Validation Station
 - Free text service for trans folks
 - Provide your name, pronouns, and phone number
 - They send you a validating text every day
- them.'s list of 20 Ways to Help the Queer Community During Coronavirus
 - Community programs
 - Crowdsourced fundraising
 - Mutual aid forms